



Parenting Wisely



A FREE parenting program for parents and their teens

Parenting Wisely teaches practical skills that reduce conflict and strengthen family bonds. Parents and Teens together will learn additional ways to:

- Develop mutual support
- Enhance communication
- Increase positive behaviors

Families gather together for one evening to begin the program and receive access to a personal online account. The online program can then be completed anywhere wifi is available.

Participants receive a certificate upon successful completion.

In addition to the Parents and Teens version, a Young Child version of the Parenting Wisely program is also available for parents who have children aged 3-10.

Classes funded in part by the Lancaster County Children and Youth Agency and the Lancaster County Drug and Alcohol Commission.

Registration is required

Online information session via Zoom.com

Information sessions are held on a weekly basis, with daytime and evening times available. Please see our website for current dates.

One initial session required. The online program may then be completed independently anywhere wifi is available.



**Please register by email: education@cobys.org
Or online at <https://cobys.org/family-support/programs-offered/>**

Motivated by Christian faith, COBYS Family Services educates, supports and empowers children and adults to reach their full potential.